



MONTEFIORE NYACK HOSPITAL'S JOINT REPLACEMENT CENTER

The Center is a state-of-the-art, comprehensive facility within Montefiore Nyack Hospital dedicated entirely to the surgical replacement of hip and knee joints.

Our board-certified orthopedic surgeons, trained at top programs in the country, perform hundreds of knee and hip replacements each year. The results are outstanding.

Our nurses at The Joint Replacement Center are specially trained in the caring of patients who have had a joint replacement procedure.

Our patients are prepared in advance for every step of the process—pre-op, surgery, post-op, and discharge. Most patients return to active, pain-free lifestyles faster than they ever thought possible. This is accomplished through a model of care that emphasizes partnering with our patients and family members

IF YOU WANT TO FEEL BETTER...

Call The Joint Replacement Center at Montefiore Nyack Hospital today. Our staff will be happy to arrange for you to speak with other patients who have undergone a hip or knee replacement.

Total Joint Navigator, Candy Pinkham, RN: 845-348-7489



The Joint Replacement Center

160 North Midland Avenue

Nyack, NY 10960

845-348-7489

montefiorenyack.org/joint-replacement

Montefiore | **Nyack**

Deciding if Joint Replacement is For You

There is only one good reason to have joint replacement surgery: You want to continue living a full and productive life, but the pain of your deteriorating knee or hip and the resulting disability is getting in the way. “I don’t feel ‘old’ in my mind,” patients tell us, “but my body tells me differently.”

Ask Yourself:

- Have I tried (or discussed with my doctor) more conservative approaches, including oral analgesics, and other alternatives to knee or hip replacement?
- Is my pain so severe that I feel exhausted?
- Is my disability interfering with my daily routine, ability to earn a living or my personal relationships?
- Is it keeping me from recreational activities I’ve always enjoyed?
- Do I feel older than I am? –or– Were it not for my knee/hip, would I feel younger?

If you are in reasonably good health, older age is usually not an issue. People in middle adulthood with severe joint degeneration are also considering total joint replacement in greater numbers than ever before.

Advancements in materials and techniques have made surgery a more viable option for those who, even several years ago, would have waited until they were older. In addition, our physicians perform minimally invasive and small incision surgery where appropriate. Partial knee replacements, which ease recovery for some patients, may also be a viable alternative to traditional knee replacement surgery. Robotic knee replacement is now available using the Zimmer Biomet ROSA system. Your physician will speak with you about what is the best treatment option for you.

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Why Should I Have My Joint Replacement Surgery at Montefiore Nyack Hospital?

The Joint Replacement Center at Montefiore Nyack Hospital is a recipient of The Joint Commission’s Gold Seal of Approval® for its hip and knee joint replacement programs. It was the first to achieve this distinction in the lower Hudson Valley and has been providing the newest medical advancements in joint replacement since 2006.

Board-Certified Orthopedic Surgeons

At Montefiore Nyack Hospital, surgeons with full attending physician status, who have trained at top institutions in the country, perform every procedure from start to finish. There are no residency physicians participating in our surgeries.

The surgeons at The Joint Replacement Center are trained in the latest techniques for Total Hip and Knee Replacement. Robotic Assisted Total knee replacement using The Zimmer Biomet ROSA surgical robot is now available.

Your Montefiore Nyack Hospital surgeon is available throughout the duration of your care. You will enjoy the convenience and personalized attention of your orthopedic surgeon.

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Accessibility to Your Personal Physicians

Montefiore Nyack Hospital medical staff are a part of your medical care team. They actively communicate with your physicians, ensuring your care plan is tailored to your specific needs.

Joint Replacement Navigator and Case Managers

Our Joint Replacement Navigator and Case Managers work with you to accommodate your needs for assistive equipment, physical therapy, discharge planning and other services.

Dedicated Nursing Staff

Our nursing staff is an integral part of the interdisciplinary team at Montefiore Nyack Hospital, specially trained to work with orthopedic patients. Each member of our dedicated nursing staff is willing to go the extra mile to ensure the highest level of care for every patient.

Proximity of Family and Friends

We encourage visits from family and friends during your hospitalization. It's just a local drive to Montefiore Nyack Hospital.

Comprehensive, Individual Post-Surgical Rehabilitation Therapy

Each patient's therapy needs are carefully determined, and an individualized care plan is developed. Most often, patients receive physical therapy twice each day, provided by licensed therapists who have been specifically trained in the rehabilitation of patients with joint replacement surgery. Occupational therapy services are also available for those patients who require assistance with activities of daily living.

Your Medical Team

Members of the medical team are specialized and experienced in joint replacement care. They include:

- Licensed Physician Assistants
- Registered Nurses
- Patient Care Associates
- Certified Surgical Technologists
- Licensed Physical and Occupational Therapists
- Case Managers
- Joint Replacement Navigator

Director, Joint Replacement Program

Jordan Simon, MD

Director, Department of Orthopedic Surgery

Jason Fond, MD

Surgeons

- Marc Berezin, MD
- Arup Bhadra, MD
- Jason Fond, MD
- James Giordano, MD
- Barry Kraushaar, MD
- Mark Medici, MD
- Patrick Murray, MD
- Richard Popowitz, MD
- Jordan Simon, MD

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